



**15TH ANNUAL CONFERENCE: THE HEALING ART OF IMAGERY  
OCTOBER 20-22, 2023**

**Zoom Meeting ID: 841 3928 2645**

Please arrive **EARLIER** than start times to get settled. **ALL TIMES ARE Pacific Standard Time (PST)**

| <b>FRIDAY, OCTOBER 20</b>                                                                            |                                                                                                                                                                                                         |
|------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 4:00 pm - 5:15 pm                                                                                    | Opening Welcome & Ceremony with Darcie Richardson, II President & Conference Committee; CE Hours – Susan Ezra, RN<br>Intro to the II Board & Short Business Meeting<br>Imagery Person of the Year Award |
| 5:15 pm - 5:25 pm                                                                                    | <b>Break</b>                                                                                                                                                                                            |
| 5:25 pm – 7 pm                                                                                       | Using Imagery to Erase Limiting Beliefs from the Subconscious Mind & Manifest your Ideal Future<br>with Emma Ludlum - (1.5 CE)                                                                          |
| <b>SATURDAY, OCTOBER 21</b>                                                                          |                                                                                                                                                                                                         |
| 8:45 am – 8:55 am                                                                                    | Welcome, Centering and Introduction                                                                                                                                                                     |
| 8:55 am – 10:30 am                                                                                   | Resolving Conflict via the Imaginal Personification of Drama Triangle Roles<br>with Vicky Jo Varner, PhD - (1.5 CEs)                                                                                    |
| 10:30 am – 10:40 am                                                                                  | <b>Break</b>                                                                                                                                                                                            |
| 10:40 am – 12:15 pm                                                                                  | Imagery Exercises for a Healthy Back and Pain-free Shoulders and Neck<br>with Eric Franklin - (1.5 CEs)                                                                                                 |
| 12:15 pm to 1:15 pm                                                                                  | <b>Lunch</b> – Elaine Santos to be available during lunch time to chat with members or answer membership questions & Social time                                                                        |
| 1:15 pm – 2:50 pm                                                                                    | Zines: Myth, Memoir, and Image with Laurel Bergsten, M.A (1.5 CEs)                                                                                                                                      |
| 2:50 pm – 3:00 pm                                                                                    | <b>Break</b>                                                                                                                                                                                            |
| 3:00 pm – 4:00 pm                                                                                    | <b>Afternoon Activity (optional with two choices):</b><br>#1: Book Club – 3 to 3:30 pm<br>#2: Imagery Roundtable – 3:30 to 4 pm                                                                         |
| 4:00 pm – 5:00 pm                                                                                    | <b>Social Hour</b> – Share music, special readings, artwork, anything that speaks to you on imagery                                                                                                     |
| <b>SUNDAY, OCTOBER 22</b>                                                                            |                                                                                                                                                                                                         |
| 8:45 am – 8:55 am                                                                                    | Welcome, Centering and Introduction                                                                                                                                                                     |
| 8:55 am - 10:30 am                                                                                   | Experiencing Family Systems Constellations within the Mind's Eye with Janne Gibbs, FNP/RN, MSN, AHN-BC, HWNC-BC (1.5 CEs)                                                                               |
| 10:30 am – 10:40 am                                                                                  | <b>Break</b>                                                                                                                                                                                            |
| 10:40 am - 12:15 pm                                                                                  | From Overwhelm to Self-Leadership: Reconnecting to Our True Nature<br>with Monique Fay, MA (1.5 CEs)                                                                                                    |
| 12:15 pm – 1:15 pm                                                                                   | <b>Lunch</b> – Open Zoom room for Social Time                                                                                                                                                           |
| 1:15 pm – 2:50 pm                                                                                    | Ease into Peaceful Presence & Inspired Energy with Yoga Nidra Meditation for Better Health with Julie Lusk, M.Ed (1.5 CEs)                                                                              |
| 2:50 pm – 3:00 pm                                                                                    | <b>Break</b>                                                                                                                                                                                            |
| 3:00 to 3:45 pm                                                                                      | <b>Closing Ceremony &amp; Evaluations</b>                                                                                                                                                               |
| For any problems connecting during conference call or text Admin, Maurine Killough at (650) 766-9402 |                                                                                                                                                                                                         |