

Imagery International Virtual Conference

Transformation and Imagery

Our 13th Annual Conference

October 29-31, 2021



This conference is balanced between content-rich presentations and experiential workshops. Each presentation will delve into healing approaches that complement imagery and affect transformation.

- ***Aliveness: Transforming our Inner Relationships through Deep Imagery***

E. S. Gallegos, PhD and Mary Diggin, PhD

We are filled with alivenesses. But we are not fully aware that these alivenesses can communicate, each in its own way. Through journeying into the deep imagination, we will explore any constraints and reinvigorate our relationships with our inner dimensions.

- ***From Ego to Essence: Imagery as a Doorway to Spiritual Transformation***

Eve Delunas, PhD

Spiritual growth calls us to disengage from our ego—the “little me”—judgment, comparison, separation, fear. Here we will align instead with the light, love, higher wisdom and infinite potential of our greater selves. Learn ways to see if you are aligned with ego, or Essence, and how to shift into Essence in the moment.

- ***Healing in Our Mother’s Womb: The Temazcal in Curanderismo***

Caroline Ortiz, RN, MS, MPH, NC-BC

Learn traditional Mesoamerican wisdom and health practices of curanderismo from Mexico. We will be led on an intimate discovery of curanderismo and the temazcal, a structure where traditional ceremonies and rituals for healing are done.

- ***Deepening the Imagery Experience with Institute of HeartMath® Techniques***

Elizabeth Page, BA, RRT

In daily life we cope with mental chatter, anxiety, helplessness, etc. It’s easy to lose confidence in our ability to self-soothe, make good decisions, or trust our own judgment. Techniques developed by HeartMath® can create physiologic coherence in a matter of minutes, resulting in a sense of safety, resourcefulness, and well-being. We will experience easy-to-use, non-intrusive HeartMath® techniques to enhance the Imagery journey for transformation.



- ***Transformational Leadership Meets Mental Imagery***

Randy Kasper, PhD LCSW BCD

We are in a time of divisiveness while longing for community and connection. It is time to awaken our imagination for leaders who can inspire and motivate. We will explore leadership approaches that illuminate the unique gifts of imagery and tap us into the leader within, enhancing our personal and professional lives.

- ***Forest Bathing: A Virtual Journey through Integrative Imagery***

Terry Reed, RN, MS

Research shows that both Imagery and forest bathing are an effective strategy to reduce stress and support the immune system. In this Imagery workshop, we will renew and deepen our relationship to the world of nature. “The forest is the therapist, and the guide opens the doors.” The transformation comes as each participant responds with their own unique images, sensations and healing.



Educational Goals:

- *Deepen our Imagery skills by offering therapeutic, complementary tools to help ourselves and clients/patients.*
- *Explore transpersonal approaches from diverse perspectives to broaden our healing abilities.*
- *Experience practical methods to expand how we think about our Inner, Outer and Natural Worlds to affect positive change in all.*
- *Gather at our virtual conference this year to create community, camaraderie and commitment for Global Transformation through the Power of the Imagination.*

Continuing Education:

This Conference is provider approved by the California Board of Registered Nursing (Provider #16504) for 9.5 contact hours.

9.5 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. Provider #138749

Contact: imageryconferencechair@gmail.com
Visit www.imageryinternational.org to register



IMAGERY INTERNATIONAL

spreading seeds of imagery awareness

Are you a practitioner, teacher, or a lover of imagery?

Do you seek to connect with those who utilize the rich resource of imagery as a pathway for growth, healing, and understanding of self and others?

Founded in 1995, Imagery International promotes the therapeutic benefits of imagery for personal growth by spreading the seeds of awareness about the gift and power of imagery while creating community and offering tools to practitioners, teachers, and lovers of imagery worldwide.

Join like-minded individuals to share awareness of the benefits and diverse applications of guided imagery, interactive imagery, active imagination, creative visualization, dream imagery, deep imagery, and other imagery modalities.

We offer an annual conference, a beautiful membership publication, educational and inspiring webinars, and your own membership page on our website to connect with other imagery practitioners and lovers worldwide.

ImagiNews
The Journal of
Imagery International



Rediscovering Joy

Get Involved!

- Sign up for our newsletter
- Explore our website, which includes many free imagery resources
- Follow us on Facebook, LinkedIn, and YouTube
- Attend our annual conference!
- Attend a quarterly webinar
- Submit a proposal to present at our conference or at a quarterly webinar
- Get your complimentary copy of ImagiNews, our membership journal
- Become a member!

MEMBERSHIP BENEFITS

- FREE webinar recordings, FREE or discounted live webinars
- Personal profile page in the member directory
- An active and supportive community of imagery professionals
- ImagiNews clinical journal
- Annual conference discounted registration
- Two free email announcements to our contact list per year
- Be eligible to nominate/receive Imagery Person of the Year award

Join us now at
www.imageryinternational.org
or contact us at
office@imageryinternational.org