



Imagery International

A Professional Association of Guided Imagery Practitioners

eNews, February 2015

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WHO WE ARE

We welcome all professionals interested in the practical application of guided imagery for healing and personal growth, including, but not limited to nurses, doctors, psychotherapists, social workers, hypnotherapists, and somatic workers.

Click [here](#) to see the [benefits of membership](#).
Click [here](#) to see our [board of directors and staff](#).

LOOKING FOR NEW MEMBERS!

OUR WISH LIST



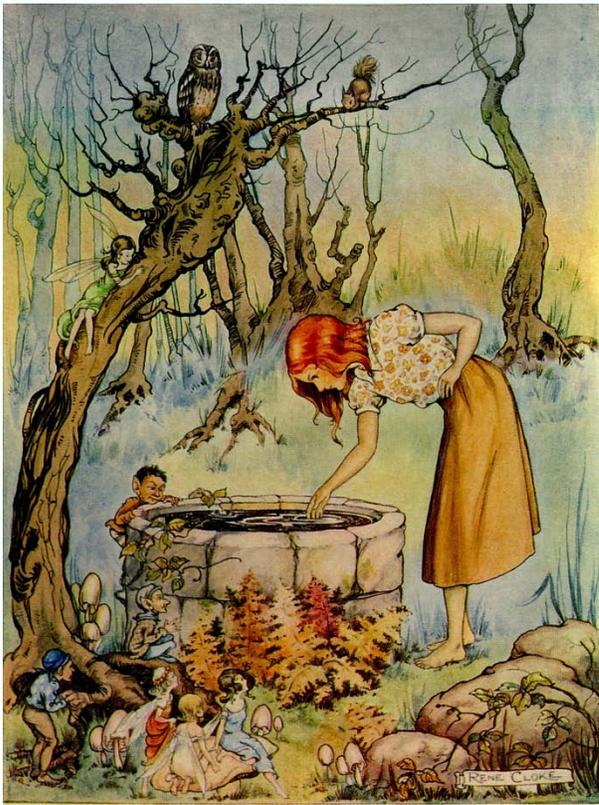
An Invitation from President Jenny Garrison: Member Spotlight



Hello Dear Members!

As a board, we have begun the year with some hurdles (mostly around budget issues), but what has really shone in our discussions of highest vision and purpose for II is the value of our members. In a big way, our members are our greatest resource!

I personally so enjoyed reading the interviews that were posted in the last e-news. In our monthly meeting, we as a board thought it would be



The Wishing Well

We have one board position opening up: **Treasurer**. We would love for an enthusiastic member to step forward and join our leadership team. This is also an opportunity to work with and learn from Denise Hughes, our current treasurer and author of *Earn Save Spend Give*.

We are also looking for someone who loves and is familiar with technology to assist with planning offerings of mini workshops or imagery sessions, which could be offered on our website.

To learn more, or to get involved, contact President-Elect, Jenny Garrison:
jenny@imageryinyou.com.

FOR MEMBERS ONLY

Don't forget to set up your profile page in our member's directory! Having your name, photo, website, and business listed in our directory allows people across the globe to potentially access your services as an imagery practitioner. A listing on this site also gives your business credibility in the imagery community. Click [here](#) to see our directory.

You can find a [link to the latest issue of *ImagiNews*](#) when you log into your member's account [here](#).

lively and interesting to learn more about our members. We could use the e-news to showcase a member or two with each edition.

The interview questions which were created by Susan Gold are a beautiful passage into better understanding your own relationship with imagery, while at the same time sharing a bit of yourself with other members.

Here are the questions:

Question 1: How did you first discover, or become interested in, guided imagery? (up to 100 words)

Question 2: Do you use guided imagery in your professional work? If so, how. (up to 100 words) If the question isn't applicable, please feel free to skip it. As an alternative, you could write about how you have used guided imagery for personal growth or healing, or in ANY other areas of life.

Question 3: What are three resources you would recommend to guided imagery enthusiasts? These might include books, articles, websites, blogs, etc. Please include links to any online resources.

Question 4: What motivated you to join Imagery International? (to 100 words)

If you'd like to step up and share with the imagery community, please send a photo (optional but nice!) and the answers to the interview questions to Chris at enews@imageryinternational.com. Also, please include links to any personal websites you would like to include.

Here are some reasons to subscribe to *ImagiNews* - a peek at March's issue!

Excerpts from the March 2015 issue - Charlotte Reznick's article, Leslie Davenport's poem and Jann Fredrickson Ramus' article.

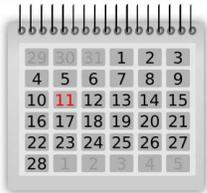
CONFERENCE NEWS: SAVE THE DATE!



During the 2014 conference, Dorit Netzer, Ph.D., ATR, -BC, LCAT, shared "Imaginal Resonance: Healing Ourselves, Healing Our World."

Our **7th annual conference** will be held at the [Vallombrosa Center](#), in the San Francisco Bay Area, **October 30 through November 1, 2015**. You won't want to miss it!

HAVE AN EVENT YOU'D LIKE TO ADVERTISE IN THE NEXT eNEWS?



Submit the information below to enews@imageryinternational.com by **March**. Put "Event(s) for eNews" in the subject line of your email. eNews will be sent out in February.

Events should be relevant to our members.

Information to include:

- Title of the event
- Date
- Time
- Venue where the event will be held (be sure to include city and state)
- Cost
- Person/organization holding the event
- Contact phone number and/or email for the event
- URL for event web page, or web page of person or organization holding the event (optional)
- Description of event no longer than

Healing Hearts



"Generosity is an Inside Job: One Child's Journey"

By Charlotte Reznick, Ph.D.

At ten, Deva* seemed to have everything: she was brilliant in school, a natural artist, and an amazing dancer. But something inside was off. Deva's attitude had soured – to herself, her family, and her friends. A formerly loving and Generous gal, she seemed to turn overnight into a selfish bully, though this change had probably been building for months.

Blessing for the Journey

by Leslie Davenport

When days rush past in a blur,

Imagery Here and There



"The Wonder of Imagery and Generosity"

By Jann Fredrickson Ramus, MA, MSW

The year was 1985 and I was young, eager, and searching. My practice was barely two years old, yet the burn out that is so common with Psychotherapists had begun to play around the edges of my discontent. I was also teaching,

25 words.

WE'D LOVE FOR YOU TO JOIN US ON FACEBOOK

Denise Hughes and Amrita Cottrell have been breathing life into our Facebook page. Click [here](#) to "Like" us.



GET A FREE SUBSCRIPTION TO eNEWS AND A FREE SAMPLE COPY OF OUR CLINICAL JOURNAL, *IMAGINEWS*

Try us out with a complimentary copy of *ImagiNews*, our clinical journal

Please send me *ImagiNews*, FREE!

You do not have to be a member of Imagery International to subscribe to this newsletter. If you would like to be added to our newsletter subscriber list and receive a free copy of our quarterly clinical journal, *ImagiNews*, click [here](#).

Please also feel free to forward to friends and colleagues.

Click [here](#) for the archive of eNews.

Click [here](#) to see the benefits of an annual membership to Imagery International.

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Member Events

Imagery International Announces Regional Pods!



Get even more out of your II Membership! Connect to members in your area to network, inspire, learn and share.

Regional Pods are informal get-togethers for members to connect with other II members. They can be as easy as meeting over coffee or as delicious as a potluck at a member's home. If you are interested, please contact Maurine at signup@imageryinternational.com. Otherwise, look for an email soon, inviting you to take part in this exciting new program. Meet Local!

Leslie Davenport has shared upcoming Imagery Trainings:



All are offered through John F. Kennedy University Continuing Education Program, Berkeley Campus, California.

For more information and to register, call (800) 557-1384. Or click [HERE](#).

March 6, 2015:
Resolving Complex Grief

March 6, 2015:
Somatic Imagery to Relieve Stress and Anxiety

April 18, 2015:
Clinical Applications of Deep Imagination, Level I

Leslie Davenport Announces Guided Imagery Community on Google+



related mind-body practices.

You are invited to join a newly launched online Guided Imagery Community on Google+. It is a forum for imagery professionals and enthusiasts to exchange information and resources on guided imagery and

You do need to have a Google accounts, but you don't need to use gmail. Click [HERE](#) for more information.

I'm also happy to assist if you'd like to join, but have questions on how to do it. Hope to see you on the web! leslie@lesliedavenport.com

Kathy Darlington has shared with us that Carol Kinney, RN, will be honored at the next Healing Touch California Symposium



The Art and Science of Healing Touch

9th Annual Regional Symposium

Save the date:
April 18 & 19, 2015

Kona Kai Resort,
San Diego, CA

Click [HERE](#) for more details.

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