



# Imagery International

A Professional Association of Guided Imagery Practitioners



## Inviting New Members

We welcome all professionals interested in the practical application of guided imagery for healing and personal growth, including, but not limited to nurses, doctors, psychotherapists, social workers, hypnotherapists, and somatic workers.

Click [here](#) to see the benefits of membership.

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## Imagery International's Monthly eNews: September 2013

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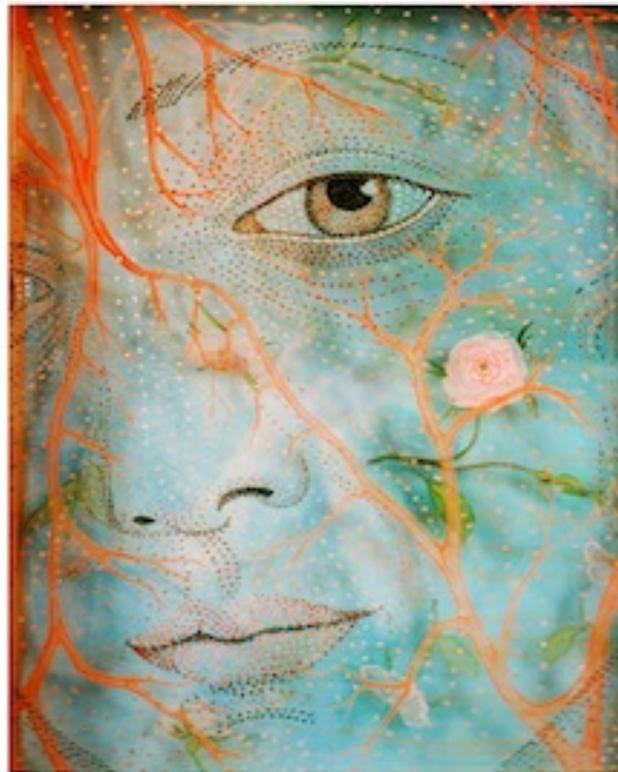
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**Imagery International's  
5th Annual Conference  
Oct. 4-6, 2013, Burlingame, CA**



CE Credits available for  
RNs, MFTs, and LCSWs

Theme: The Magic of Imagery

[imageryinternational.org](http://imageryinternational.org)

"Magical Countenance," by Robin Urton - DreambirdArt.com

**Commuters must register for the conference by September 20 to secure meals at Mercy Center.**

[Click here to visit our conference page.](#)

**Interview with conference speaker, Kate Sculti, RNP, MPH, who will be presenting:**

**Image as Messenger of Meaning – Image as Healer: The Development of an Art and Healing Program at the Fine Arts Museums of San Francisco**



## About Kate Sculti:

Kate has over 20 years experience in women's health, community health and psychosocial nursing. As coordinator of the Breast Screening Center at UCSF Medical Center, she was a clinical specialist to women with benign and malignant breast conditions, and to women at higher risk for breast cancer. She taught nursing and

medical students, served on the Women's Health Committee of the SF Department of Public Health, and has been a guest on KGO and KQED radio discussing issues related to women's health. Experiencing and witnessing the power of the image to bring meaning and healing into people's lives has been transformative. In 2006 Kate completed a training program at the Fine Arts Museums of SF where she is a Docent. She has designed and is currently pilot testing an Art and Healing program at the museums with US military veterans.

### How did you first discover, or become interested in, guided imagery?

It was in the early - mid 90's while working at UCSF. There were a group of us holistic types who had Brown Bag lunch talks on Fridays. We invited a variety of speakers who were on the path. Dean Ornish was there then. And when Marty Rossman came to speak and led us in a guided imagery, I was in love! Before long, I found (Way) Beyond Ordinary Nurses Susan Ezra and Terry Reed, and trained with them in their four-phase certificate program. I will love them till the end of time.

### Do you use guided imagery in your professional work?

Yes. I now have a small private practice in Guided Imagery and Reiki. I use them individually and also together; they are a good combo plate in certain situations. As it has evolved, I see mainly cancer patients for decision making, dealing with treatment issues, preparation for surgery, end of life issues... I make home visits. Every once in a while I'll have the opportunity to work with a couple. The art and docent training has opened another way of working with the power of images—those created in fine art. Viewing art in a

certain way, a personal way, (looking, seeing, inquiring, engaging, feeling ) with a trained guide can be deeply meaningful. The Art and Healing program at the museums is in its early stages, and we are very excited about what has been happening with our veterans in the galleries.

**What resources would you recommend to guided imagery professionals?**

ARTSTOR—An Image Library for the Arts and Sciences  
[artstor.org](http://artstor.org)

ARAS—The Archive for Research in Archetypal Symbolism  
[aras.org](http://aras.org)

[\*The Book of Symbols\*](#), ARAS

[\*Art as Medicine: Creating a Therapy of the Imagination\*](#) by Shaun McNiff, Shambhala

[\*Art Heals: How Creativity Cures the Soul\*](#) by Shaun McNiff, Shambhala

## Podcast Interview with conference speakers



Our program director, [Lea Bayles](#) has been conducting wonderful podcast interviews with each of the [October 2013 conference speakers](#). Click the links below to learn more and listen.

[Imagery and Times of Transition with Linda Blachman, MA, MPH, CPC](#)

[Image as Healer with Kate Sculti, RNP, MPH](#)

[Imagery and Sacred Sound by Nina Redman, MA, LMHC](#)

[Using Therapeutic Creative Expression for Health, Wellness and FUN with Daru Maer, MA, LPC, and Judith Westerfield, MA, MFT, CCH & GIT](#)

[Weaving Dreams and Imagery with Tallulah Lyons, M.Ed](#)

[Magic, Mysticism and Imagery with Carl Hendel, MD](#)

## Silent Auction



Please join us once again in the fun of the Silent Auction. By donating a quality item worth \$20 or more, you can participate in raising monies for tuition scholarships

for next year's conference.

Click [HERE](#) to see the silent auction items that have been donated so far.

We are a non-profit 501c6 – however not a charitable nonprofit – donations cannot be taken as a tax deduction to a charitable organization. However, your contribution may be a business donation. Check with your tax adviser for advice.

Please bring your item(s) with you to the conference. If you cannot attend and want to donate or have any questions, email our secretary, Doreen Leighton: [iioffice@imageryinternational.com](mailto:iioffice@imageryinternational.com)

### June 2013 issue of *ImagiNews*



[Click here to read the June 2013 issue of \*ImagiNews\*.](#)

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