



Imagery International

A Professional Association of Guided Imagery Practitioners



Inviting New Members

We welcome all professionals interested in the practical application of guided imagery for healing and personal growth, including, but not limited to nurses, doctors, psychotherapists, social workers, hypnotherapists, and somatic workers.

Click [here](#) to see the benefits of membership.

Board of Directors

President/Programs

Juliet Rohde-Brown, PhD
Santa Barbara, CA 93101
(805) 856-8005
<http://www.drjrb.com>

Membership Chair

Susan Ezra, RN, HNC
Fairfax, California 94930
(415) 308-7808
<http://integrativeimagery.com>

Member-at-Large/ Conference Committee Chair

Jann Fredrickson Ramus, MA,
MSW, LICSW
West St. Paul, MN 55118
(651) 208-6458
JFredr7753@aol.com

Secretary

Doreen Leighton, RN, CHTP, HN-
BC, HTACP
Napa, CA 94558
(707) 253-2716
dleight.2@netzero.com

Treasurer

Janet L. Barr, ChFC, CLU, CDFA
Santa Barbara, CA 93101
(805) 965-0101
Janet@JanetBarrCFS.com

Imagery International's Monthly E-News: September 2012

In this Issue:

Imagery International Video by Glenda
Cedarleaf, LCSW

Early Bird Conference Registration Ends 9/1!

Interview with 2012 Conference Speaker:
Patricia Bisch, MA, MFT

Podcast Episode from the Archives—Juliet
Rohde-Brown, PhD: Imagery and Forgiveness,
November 2010

Stay Tuned for the Next *ImagiNews*: Sept. 2012

*

If you do not wish to be included on our monthly newsletter list, just click "Unsubscribe" at the bottom of this email.

One does not have to be a member of Imagery International to subscribe to this newsletter. If you would like to be added to our newsletter subscriber list, please email enews@imageryinternational.com. For the email's subject line, write "Subscribe to Imagery International E-News." Please also feel free to forward to friends and colleagues.

Click [here](#) for the archive of E-News.

Click [here](#) to see the benefits of an annual membership to [Imagery International](#).

Imagery International Video by Glenda Cedarleaf,
LCSW

Member-at-Large/Editor of E-News

Susan Gold, MA, CH
San Mateo, California 94401
(650) 532-0509
<http://www.susangold.net>
enews@imageryinternational.com

Support Staff

ImagiNews Editor

Bev Hollander, BSN, MS, HNB-BC, FCN
Eugene, OR 97405
(541) 345-3772
Submit articles for ImagiNews to
editor@imageryinternational.com

Office Manager

Amrita Cottrell
San Martin, CA 95046
(831) 588-7498

Website Editor

Sandra Warnken, CCHT, SEP
Dixon, California 95620
707) 592-7667
Send pictures and website
submissions to
website@imageryinternational.com



We are so grateful to [Glenda Cedarleaf](#), who generously donated her time and talent to create [this beautiful video introduction to Imagery International](#).

Early-Bird Conference Registration Ends 9/1



The conference will take place **October 5-7, 2012** at the Mercy Center, on the Peninsula of the San Francisco Bay Area. The theme is "Imagery and the Soul."

[Click here for conference details and registration.](#)

Please note that to secure room and board at the **Mercy Center**, we must receive your

accommodation fees no later than **September 1**. For those who will not be staying at Mercy center, we will gladly continue to accept your registration and commuter fees up until the conference, but we cannot guarantee meals.

Interview with 2012 Conference Speaker, Patricia Bisch, MA, MFT

Patricia Bisch's presentation is titled, "Transform & Reclaim Your Perfect Body Weight: Reconnecting to Your Soul Essence with Imagery and Other Techniques"

Patricia Bisch, MA, MFT, lived the painful life of an overeater from her teen years to well into early adulthood. Then, over 30 years ago, she discovered the secret to regaining her power over food--not through deprivation, but as a way to enjoy eating and lose



weight anyway. She proceeded to practice and perfect the principles she writes about and, today, she remains completely healed. In addition to reaching master-level proficiency in two energetic healing methods and maintaining a private practice in psychotherapy, Patricia lectures, conducts media appearances, and leads classes and workshops

on weight loss. She lives, writes and creates her audio CDs in southern California where she is a healthy, vibrant, living advertisement for the benefits of gaining Freedom From Food. Please visit Patricia's website: www.patriciabisch.com

When did you first become interested in guided imagery?

I first became interested in the power of guided imagery in 1978 when I read Carl Simonton's work on how he helped people heal cancer through visualizations. He was having people picture their body's white blood cells coming into the area where the cancer existed and destroying the abnormal cells. This was so exciting to me, and it reinforced my understanding about how powerful the thoughts and images we hold are in our body's health.

Do you use guided imagery in your professional work?

I absolutely use guided imagery in my work which focuses on helping people heal their weight problems. I first use it to help people get in touch with how their beautiful soul has been wounded, and how they started to put on weight as a protection. The imagery in my CD set has been essential in helping people see that they can trust their body to take in the food they need and release the rest. It shows them the powerful healing force that is inherent in the body. Also, I help empower people to understand that we are living in a world where everything is made up of fluctuating waves of energy that deceptively appear to be solid and dense matter. Our minds are influencing this energy all the time, based on our thoughts and images. I have people start thinking about food as an energy that is light—much like champagne bubbles—and not as dense matter that turns into unwanted weight. These are just a few of the ways I use imagery. I feel that it is essential in my work.

What resources would you recommend to guided imagery professionals?

Carl Simonton on healing cancer in his book [*Getting Well Again*](#).

I have used Mark Grants CDs for years and have recommended them to others. I love his [Calm and Confident CD](#) for stress relief, and also [Pain Control Based on EMDR](#).

I also recommend watching the [YouTube video, Greg Braden: The Spontaneous Healing of Belief](#), and his research on this subject.

Podcast Episode from the Archives:



Juliet Rohde-Brown, PhD: Imagery and Forgiveness, November 2010

Imagery International's president talks about Imagining Forgiveness using her integrative model for wellness.

Juliet writes:

I feel quite passionate about our ability to use our imaginations to create a more positive and loving future. When we use the term "imagery," it does not simply refer to the visual field, but to all of our senses. Dr. Jeanne Achterberg, a leader in imagery exploration and application, refers to imagery as "the thought process that invokes and uses the senses: vision, audition, smell, taste, the senses of movement, position and communication between perception, emotion, and bodily change."

Juliet has a book, [Imagine Forgiveness: A Guide for a Joyful Future](#). She has also produced three CDs: [Feel Welcome Now](#), [Feel Forgiveness Now](#), and [Chakra Mountain](#). [Feel Forgiveness Now](#) won 2nd place in the 2009 Just Plain Folks Awards. To find out more about Juliet, please visit her [website](#).

Click here to listen to [Imagery and Forgiveness](#), click here.

[Click here for all podcasts.](#)

Stay Tuned for the Next Issue of ImagiNews:

September 2012!

And here is the June issue, in case you haven't had a chance to read it yet:



[Click here to go to the issue.](#)

