



Imagery International

A Professional Association of Guided Imagery Practitioners



Inviting New Members

We welcome all professionals interested in the practical application of guided imagery for healing and personal growth, including, but not limited to nurses, doctors, psychotherapists, social workers, hypnotherapists, and somatic workers.

Click [here](#) to see the benefits of membership.

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Imagery International's Monthly eNews: July 2014

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Now accepting conference registration! Click [HERE](#) to register!

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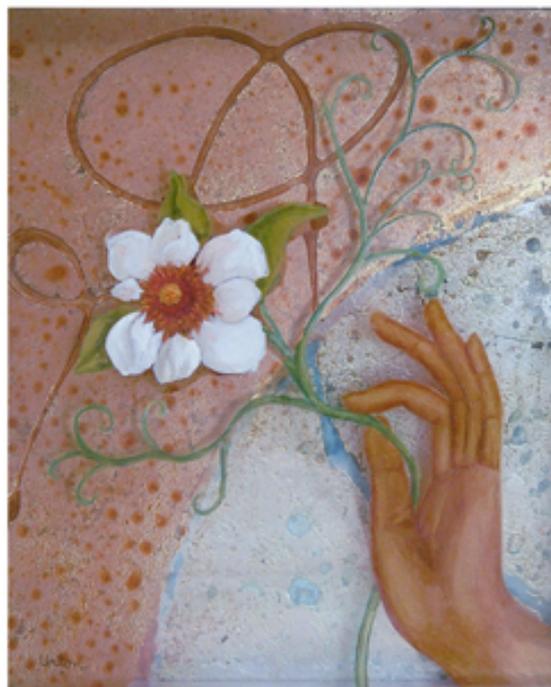
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**Imagery International's
6th Annual Conference**
Oct. 24-26, 2014, Menlo Park, CA



CE Credits available for
RNs, MFTs, and LCSWs

Theme: The Healing Power of Imagery

imageryinternational.org

"A State of Grace," by Robin Urton – DreambirdArt.com

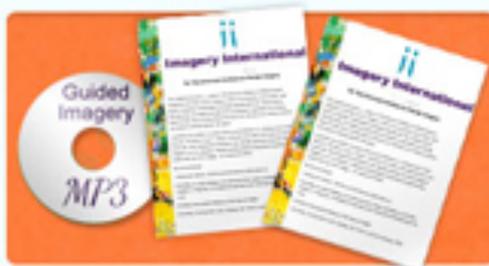
Artist, Robin Urton has generously donated her piece, "A State of Grace" for this year's conference poster. You can see all of Robin's work at her website: DreambirdArt.com

Come see improvements we've made to the website and the enticing new member benefits we're offering:

www.imageryinternational.org

The website is much more user-friendly. We are also now offering new members a **gift package**. Additionally, each member can post their own **profile page**, so that potential clients and colleagues can find them on the web. Log in to the [members' section](#) to post yours now!

**JOIN OUR COMMUNITY & RECEIVE
YOUR NEW MEMBER GIFT PACKET!**



New Member Gift Package

- American Institute for Mental Imagery Script
- Beyond Ordinary Nursing Script
- Live Integrative Imagery Session

JOIN NOW!

A huge thank you to our office manager, Amrita Cottrell, and our web designer, Ashley White, for taking on the technological challenges to make this happen. We are so lucky to have their expertise and vision.

Thank you also to board members Susan Ezra, Randy Kasper, and Denise Hughes for creating the new member gift package.

Interview with conference speaker, Maureen Minnehan Jones

Maureen Minnehan Jones, RN
**The MO (Modus Operandi) Technique: Tap into Your
into Your Inner Power to Heal**



Maureen Minnehan Jones is a Registered Nurse, Guided Imagery Practitioner, Holistic Healer, Author, and Speaker. Her book [*Wisdom to Wellness: Healing Your Emotional Sufferings so the Physical Healing Can Follow*](#) won the 2012 International

Book Award in the self-help category.

It provides guiding examples of how true healing can happen. For those seeking freedom from the shackles of disease, this compassionate book reveals the author's powerful healing technique, the MO (Modus Operandi) Technique. Working in tandem with traditional medicine, the MO Technique goes after the underlying emotional source of the disease. Through the use of her MO Technique, the meaning behind health challenges can be revealed and understood allowing healing to take place.

Steps to Release the Common Thread of Disease is Maureen's audio companion for following the MO (Modus Operandi) Technique.

In her work, her goal is always to deepen the mind, body, spirit connection.

You can learn more about Maureen at her website: www.MaureenMinnehanJones.com

How did you first discover, or become interested in, guided imagery?

At age forty-three, I experienced a devastating divorce, which catapulted me out of my ordinary life and into a remarkable journey of self-healing. After the divorce, I discovered a philosophy that transformed my life and launched a career of helping people with their struggles.

Through a meditation, the MO (Modus Operandi) Technique was birthed, and I became empowered and connected with hope. Guided Imagery is part of the MO Technique, so I wanted formal training. I enrolled in the Beyond Ordinary Nursing program (BON), an innovative 4-phase, 108-hour certificate program that offered in-depth training and direct experience in Integrative Imagery. I have been using guided imagery and helping clients heal with the MO Technique for the last 18 years.

Do you use guided imagery in your professional work?

I use guided imagery every day in my Emotional Wellness practice. The MO (Modus Operandi) Technique uses guided imagery to tap into the soul's wisdom so that the emotional sufferings or blocks of the ego may be transformed into personal power, love and knowledge that helps the physical body to heal on many levels. The MO Technique helps remove the negative emotional sufferings from the subconscious mind, instills positive emotions back into the super conscious mind and reprograms the conscious mind. It is this reprogramming of the three minds that is the key to making a lasting change. I also use the MO Technique for my own personal growth and healing.

What are three resources you would recommend to guided imagery professionals?

My personal website and book:

[Wisdom to Wellness: Healing Your Emotional Sufferings so the Physical Healing](#)

www.MaureenMinnehanJones.com

[Guided Imagery and Beyond - Stories of Healing and Transformation](#) by Susan Ezra, RN, HN-BC and Terry Reed, RN, MS, HN-BC

[Healing Visualizations: Creating Health Through Imagery](#) by Gerald Epstein - www.drjerryepstein.com

Glenda Cedarleaf ~ www.guidedimagerycd.com

healthjourneys - www.belleruthnaparstek.com

A Million Thanks to Sandra Warnken



Sandy Warnken, a past president of Imagery International, keeper of our organization's history, and wise advisor is stepping down as our web consultant.

For years, Sandy has been volunteering her time as our internet expert—developing the website, editing and posting podcast episodes, posting blog entries and videos, setting up our conference registration, and

putting out all of our technological fires. She has done the work of an army, and we will forever be grateful.

Even after she left the board, Sandy continued to participate in our monthly conference calls. Her knowledge and insights have been invaluable. She also has given tremendous support to new board members who need technological help to carry out their responsibilities. No matter how challenging a task, Sandy has always maintained her warm, calm, patient disposition.

Sandy will continue to serve on the Conference Committee, and we're thankful to get to continue to work with her in that capacity.

We can't thank you enough, Sandy!

Our talented office manager, Amrita Cottrell, along with our professional web designer, Ashley White, have taken over our technological needs.

Imagery Person of the Year—Call for Nominations

Every year Imagery International chooses a very special imagery practitioner who is then honored at our annual conference in October.

Please give some thought as to who in our community you believe has contributed in an outstanding or unique way to the field of imagery and nominate your candidate. Simply write a paragraph or two about why you think your nominating candidate should be chosen. Include specific qualities and contributions. Maybe even a story about them comes to mind.

Send to Susan Ezra at susan.ezra@gmail.com. We will accept nominations until August 31st. Thank you!

Upcoming Events by Our Members



**Linda Blachman, MPH, MA, CPC is offering:
Life Transitions Workshops for Women: Midlife and Beyond**

Starting mid-July, 2014

There will be two concurrent groups: 5 sessions each, Wednesdays, 7:00 – 9:00 PM; Sundays, 2:00 – 4:00 PM
Berkeley, CA
Fee: \$395

You can find more information on Linda's website:

www.lindablachman.com.

Phone: 510-540-8755

Have an event you'd like to list in the next eNews?

Submit the information below to Susan Gold at enews@imageryinternational.com by August 1, 2014. Put "Event(s) for eNews" in the subject line of your email. eNews will be sent out around August 8.

Events should be relevant to our members.

Information to include: title of the event; date; time; venue where the event will be held (be sure to include city and state); cost, person/organization holding the event; contact phone number and/or email for the event; URL for event web page, or web page of person or organization holding the event (optional); description of event—no longer than 25 words.

One does not have to be a member of Imagery International to subscribe to this newsletter. If you would like to be added to our newsletter subscriber list, please email enews@imageryinternational.com. For the email's subject line, write "Subscribe to Imagery International eNews." Please also feel free to forward to friends and colleagues.

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