



#### **Inviting New Members**

We welcome all professionals interested in the practical application of guided imagery for healing and personal growth, including, but not limited to nurses, doctors, psychotherapists, social workers, hypnotherapists, and somatic workers.

Click <u>here</u> to see the benefits of membership.

#### **Board of Directors**

#### **President/Programs**

Juliet Rohde-Brown, PhD Santa Barbara, CA 93101 (805) 856-8005 http://www.drjrb.com

#### Membership Chair

Susan Ezra, RN, HNC Fairfax, California 94930 (415) 308-7808 http://integrativeimagery.com

## Member-at-Large/ Conference Committee Chair

Jann Fredrickson Ramus, MA, MSW, LICSW West St. Paul, MN 55118 (651) 208-6458 JFredr7753@aol.com

#### **Secretary**

Doreen Leighton, RN, CHTP, HN-BC, HTACP Napa, CA 94558 (707) 253-2716 dleight.2@netzero.com

#### **Treasurer**

Janet L. Barr, ChFC, CLU, CDFA Santa Barbara, CA 93101 (805) 965-0101 Janet@JanetBarrCFS.com

Member-at-Large

# Imagery International's Monthly E-News: May 2012

#### In this Issue:

Announcing the Presenters for Our 4th Annual Conference!

**Our Latest Podcast Episodes** 

**Our Latest Blog Articles** 

Our Latest Issue of ImagiNews: March 2012

Co-Editor Wanted for ImagiNews

If you do not wish to be included on our monthly newsletter list, just click "Unsubscribe" at the bottom of this email.

One does not have to be a member of Imagery International to subscribe to this newsletter. If you would like to be added to our newsletter subscriber list, please email signup@imageryinternational.com. For the email's subject line, write "Subscribe to Imagery International E-News." Please also feel free to forward to friends and colleagues.

Click <u>here</u> to see the benefits of an annual membership to <u>Imagery</u> <u>International</u>.

## Announcing the Presenters for Our 4th Annual Conference!

We are proud and excited to announce the following presenters for our annual conference, which will take place October 5-7, 2012 at the Mercy Center, on the Peninsula of the San Francisco Bay Area. The theme is "Imagery and the Soul."

Click here to visit our conference page.

Susan Gold, MA, CH San Mateo, California 94401 (650) 532-0509 http://www.susangold.net

#### Office Manager

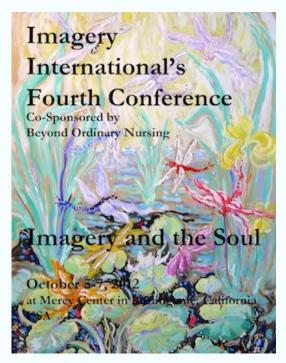
**Amrita Cottrell**San Martin, CA 95046
(831) 588-7498

#### **Website Editor**

Sandra Warnken, CCHT, SEP Dixon, California 95620 707) 592-7667 Send pictures and website submissions to imageryguides@gmail.com









Emmett Miller, MD: Awakening the Soul of Your Inner Leader www.DrMiller.com



Patricia Bisch, MA, MFT: Transform & Reclaim Your Perfect Body Weight: Reconnecting to Your Soul Innocence with Imagery and Other Techniques <a href="https://www.patriciabisch.com">www.patriciabisch.com</a>



Bev Hollander, BSN, MS, HNB-BC, FCN: The Therapeutic Application of Integrative Imagery for Deep Soul Connection <u>Imagery</u> <u>Person of the Year, 2010</u>



Clandis V. Payne, MA: Images of Rituals in Healing the Brokenhearted <a href="https://www.linkedin.com/in/clandispayne">www.linkedin.com/in/clandispayne</a>



Amrita Cottrell, Founding Director of The Healing Music Organization:
Imagery and Music/Music and Imagery: A
Psychoacoustic Music Exploration
www.healingmusic.org



Lea Bayles, M.A. (formerly Lea Houston) - Emeritus Speaker: Sacred Body, Sacred Planet: 3 Keys to Activate Nature's Transformational Magic for Radiant Health, Vibrant Creativity and Joyful Evolution <a href="https://www.leabayles.com">www.leabayles.com</a>

Our presenters are all accomplished in their respective fields and will offer a wide variety of perspectives, techniques, and experientials.

In the months leading up to the conference, this newsletter will feature a brief interview with each presenter.

Stay tuned for information about conference registration.

### **Latest Podcast Episodes:**

### **Hypnosis and Guided Imagery**



Susan Ezra hosts a panel of Imagery International certified hypnotherapists who incorporate imagery in their work. There are surprises as each has something different to their offer. As is often the case with complementary/alternative practices the theory may be different. This is a fascinating presentation for anyone who is curious about the similarities and differences between Hypnosis and Guided Imagery. Click here to listen to the podcast.

### **Belleruth Naparstek on Military Applications**



Belleruth Naparstek, the author of *Invisible Heroes*, discusses with host Susan Ezra why Guided Imagery is the treatment of choice for Post Traumatic Stress, combat stress, military sexual trauma and sleep disturbances among issues veterans have difficulty. Click here to listen to the podcast. Click here to read more about it.

Click here for all podcasts.

## **Latest Blog Articles:**

## Holocaust Remembrance Days: Creating New Narratives through the Experience of Trauma

Elizabeth Wolfson, PhD, LCSW joins Juliet Rohde-Brown, PhD on Juliet's show - Emotional Pathways on Webtalk Radio.



Elizabeth Wolfson

They discuss trauma and how survivors of the Holocaust are helping young traumatized youth to create new meanings and hope. She refers us to visit Portraits of Survival - Life Journeys During the Holocaust and Beyond to learn more. Listen to the program by clicking on Elizabeth Wolfson - Holocaust Remembrance.

Click here to read more.

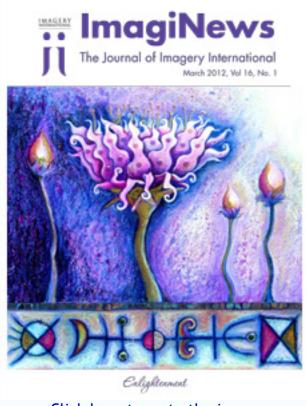
## What Is the Best Hypnosis Recording for You? by Stephanie Rothman



Just as the effectiveness of hypnosis and hypnotherapy varies from individual to individual, so too will the effectiveness of a hypnosis recording. However, it is my opinion that some recordings are better than others. Click here to read more.

Click here for all blog articles.

## The Latest Issue of ImagiNews: March 2012



Click here to go to the issue.

## **Co-Editor Wanted**

Hello Community,



Bev Hollander

I am sad to say, I've lost my dear co-editor, Judith Ewing. She is fine, don't misunderstand me, her life is just taking her in a different direction now. As a result, she is stepping down from her role. I want YOU!! Please consider contacting me email bev@sheppardwest.com - to talk about what you might have to offer as my Coeditor.

Warmly, Bev Hollander

Editor ImagiNews



