

Subject: eNews, December 2014

From: "Imagery International" <ImageryInternational@wildapricot.org>

Date: Fri, Dec 19, 2014 7:35 pm

To: "Susan Gold" <susan@susangold.net>

As the year ends, we give thanks to those who are stepping off the board. In January, we will welcome the new leadership.



Imagery International

A Professional Association of Guided Imagery Practitioners

eNews, December 2014

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WHO WE ARE

We welcome all professionals interested in the practical application of guided imagery for healing and personal growth, including, but not limited to nurses, doctors, psychotherapists, social workers, hypnotherapists, and somatic workers.

Click [here](#) to see the [benefits of membership](#).

Click [here](#) to see our [board of directors and staff](#).

WELCOME NEW MEMBERS!

We are delighted to welcome the following new members:

- **Joan Salat**
- **Julia Weaver**
- **Lisa Chu**
- **Mary McGill**
- **Anne Rossen**

OUR WISH LIST



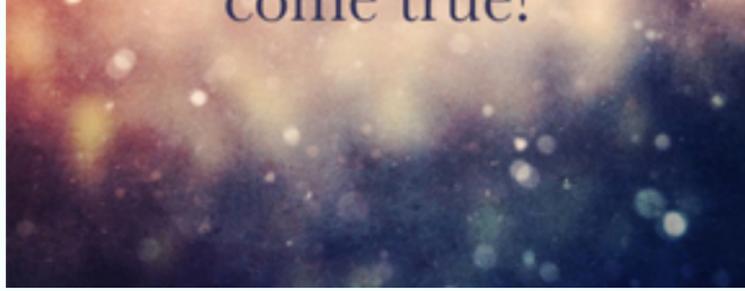
Changes on Our Board

As the year ends, we give thanks to those board members who are stepping down after serving their terms:

Susan Ezra, President

Doreen Leighton, Secretary

Susan Gold, Member-at-Large, and Editor of eNews.



We have one board position opening up: **Treasurer**. We would love for an enthusiastic member to step forward and join our leadership team.

We are also looking for

- volunteers to help us **generate posts** on our blog, Linked In, and Facebook page,
- and a graphic designer who would volunteer their services to **design a bookmark for us**.

To learn more, or to get involved, contact President-Elect, Jenny Garrison: jenny@imageryinyou.com.

FOR MEMBERS ONLY

Don't forget to set up your profile page in our member's directory!

Having your name, photo, website, and business listed in our directory allows people across the globe to potentially access your services as an imagery practitioner. A listing on this site also gives your business credibility in the imagery community. Click [here](#) to see our directory.

You can find a [link to the latest issue of *ImagiNews*](#) when you log into your member's account [here](#).

CONFERENCE NEWS: SAVE THE DATE!



2014 conference participants took a walk on the beautiful grounds of Vallombrosa during Dorit Netzer's presentation *Imaginal Resonance: Healing Ourselves, Healing the World*.

Our **7th annual conference** will be held at the [Vallombrosa Center](#), in the San Francisco Bay Area, **October 30 through November 1, 2015**. You won't want to miss it!

HAVE AN EVENT YOU'D LIKE TO ADVERTISE IN THE NEXT eNEWS?

We are grateful that Randy Kasper will remain on the board, transitioning from Membership Chair to Member-at-Large.

In January, we will welcome the following new board members--all warm, dynamic individuals with many talents to offer the organization:

Jenny Garrison, President

Lisa Chu, Secretary

Maurine Killough, Membership Chair

We will also welcome Chris West, who is currently designing *ImagiNews*, and who has generously volunteered to take over as eNews Editor.

Heartfelt thanks and best wishes to outgoing President, Susan Ezra!

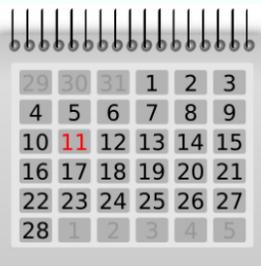


During Susan's term as president, there have been significant developments at Imagery International. We have redesigned the website, transitioned to new membership software, offered new membership benefits, and have begun to expand our presence on

social media.

Susan oversaw all these projects. She kept track of who was doing what, making sure nothing slipped through the cracks, and she always checked in with board members, staff, and affiliates to offer encouragement and support as they carried out their responsibilities. When challenges arose, Susan remained calm, and kept her sense of humor, and when decisions needed to be made, she was thoughtful and decisive. We could not have asked for a more capable leader.

We could also not have asked for a more nurturing leader. Susan made a point of truly connecting with those she worked with. She would check in to see how things were going personally and made



Submit the information below to enews@imageryinternational.com by

December 31. Put "Event(s) for eNews" in the subject line of your email. eNews will be sent out in January.

Events should be relevant to our members.

Information to include:

- Title of the event
- Date
- Time
- Venue where the event will be held (be sure to include city and state)
- Cost
- Person/organization holding the event
- Contact phone number and/or email for the event
- URL for event web page, or web page of person or organization holding the event (optional)
- Description of event undefined no longer than 25 words.

WE'D LOVE FOR YOU TO JOIN US ON FACEBOOK

Denise Hughes and Amrita Cottrell have been breathing life into our Facebook page. Click [here](#) to "Like" us.



GET A FREE SUBSCRIPTION TO eNEWS AND A FREE SAMPLE COPY OF OUR CLINICAL JOURNAL, IMAGINEWS

Try us out with a complimentary copy of *ImagiNews*, our clinical journal

Please send me *ImagiNews*, FREE!

You do not have to be a member of Imagery International to subscribe to this newsletter. If you would like to be **added to our newsletter subscriber list** and receive a **free copy of our quarterly clinical journal, *ImagiNews***, click [here](#).

everyone feel appreciated.

Susan also has a knack for reaching out to new members, inviting them to get involved, and instilling in them the confidence to do so. Thanks to Susan, we have wonderful new board members and volunteers stepping forward to keep the organization on a path of growth.

We are grateful for all Susan has done for II and very fortunate that she will continue to stay involved with the organization as a member of the conference committee.

Heartfelt thanks and best wishes to outgoing Secretary, Doreen Leighton!



Doreen has bestowed many gifts to Imagery International over the years.

She established and organized the annual silent auction that has brought in thousands of dollars for conference scholarships and other organizational needs.

Each year, she has captured the magic of our annual conference in a beautiful article she writes for *ImagiNews*, our quarterly journal. (See this year's December issue!)

Doreen has also been an important presence in our board meetings. She has the gift of listening deeply and gently asking just the right questions to help us achieve clarity as we discuss challenges and arrive at decisions. This gift has also contributed to the meticulous minutes she has taken at our board meetings--so critical for an organization that meets via phone and email.

Please also feel free to [forward to friends](#) and colleagues.

Click [here](#) for the [archive of eNews](#).

Click [here](#) to see the [benefits of an annual membership](#) to Imagery International.

Doreen has also been a caring friend to us all, intuiting when someone needs a virtual hug or words of encouragement.

Thank you, Doreen, for all you have given.

Many thanks from me, Susan Gold, your outgoing eNews Editor



It has been an honor to serve on the board, and the conference committee, and to put out this newsletter these past three years. I am grateful to have been able to work beside kindred spirits who understand the power of imagery, and who had so much to teach me. I will continue to treasure this nurturing community.

We are so lucky that Chris West will be taking over eNews. She has professional expertise, in addition to enthusiasm for imagery. I can't wait to see how this newsletter evolves!

Member Events

Beyond Resolutions: A Workshop for Welcoming the New Year with Linda Blachman



January is rolling around again, bringing with it the hope and opportunity to change ourselves and our lives for the better. Alas, resolutions, guilt-induction and willpower have an abysmal track record.

For twenty years, I have been using a simple and effective practice I developed for harvesting the past, re-visioning the future, and setting into motion priorities and action plans for the next year with renewed energy and commitment. Due to popular demand, I have turned this process – supplemented with recent evidence-based information and tools on behavior change – into an engaging, supportive, hands-on 3-hour workshop.

Two opportunities:

Sunday, January 11 or Sunday, January 18

Time: 2:00 – 5:00 pm.

Cost: \$75

Location: Berkeley, CA

Register: linda@lindablachman.com or
510.540.8755

\$10 discount for each person you refer; bring 4 others, you come free!

The Wisdom of Integrative Imagery: a 6-Week Teleclass with

**Susan Ezra, RN, HN-BC and
Terry Reed, RN, MS, HN-BC**



- *Do you appreciate the power of the imagination?*
- *Looking for some formal training in Guided Imagery?*
- *Want powerful tools & techniques to use with your clients & yourself?*

Earn 12 CNE Contact Hours (See [flyer](#) for more information.)

**Wednesday evenings, starting February 4,
2015, 4:30–6:30 PM**

Tuition: \$695

Early-bird price: \$595

January 21, 2015 is the last day for the early-bird price

price.
For more information: Click [HERE](#) to download a flyer, or go to www.barkcoaching.com to register.

Leslie Davenport has shared upcoming Imagery Trainings:



All are offered through John F. Kennedy University Continuing Education Program, Berkeley Campus, California.

For more information and to register, call (800) 557-1384. Or click [HERE](#).

January 10, 2015:

Clinical Applications of Deep Imagination, Level I

February 21, 2015:

Clinical Applications of Deep Imagination, Level II

March 6, 2015:

Resolving Complex Grief

March 6, 2015:

Somatic Imagery to Relieve Stress and Anxiety

April 18, 2015:

Clinical Applications of Deep Imagination, Level I

Leslie Davenport Announces Guided Imagery Community on Google+





You are invited to join a newly launched online Guided Imagery Community on Google+. It is a forum for imagery professionals and enthusiasts to exchange information and resources on guided imagery and related mind-body practices, and it would be wonderful to have your presence. There is a category for members to introduce themselves, and it is a great way to stay in touch and up to date on what's happening. You can post upcoming trainings, interesting articles, questions (and everyone can add their answers).

You do need to have a Google accounts, but you don't need to use gmail. Click [HERE](#) for more information.

I'm also happy to assist if you'd like to join, but have questions on how to do it. Hope to see you on the web! leslie@lesliedavenport.com

Kathy Darlington has shared with us that Carol Kinney, RN, will be honored at the next Healing Touch California Symposium



The Art and Science of Healing Touch

9th Annual Regional Symposium

Save the date:
April 18 & 19, 2015

Kona Kai Resort,
San Diego, CA

Click [HERE](#) for more details.

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