



# Imagery International

A Professional Association of Guided Imagery Practitioners



## Inviting New Members

We welcome all professionals interested in the practical application of guided imagery for healing and personal growth, including, but not limited to nurses, doctors, psychotherapists, social workers, hypnotherapists, and somatic workers.

Click [here](#) to see the benefits of membership.

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## Imagery International's Monthly eNews: November 2013

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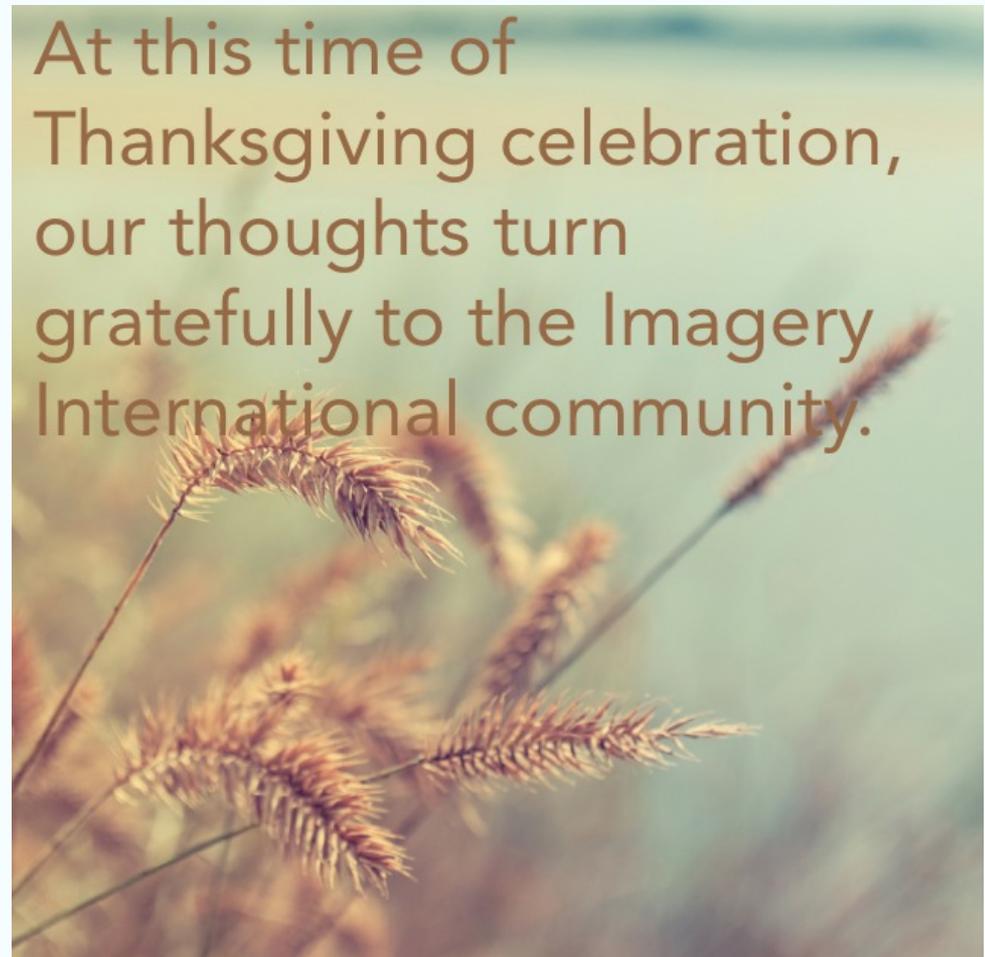
### In this issue:

Thanksgiving greetings

New book by our dear treasurer, Denise Hughes

Excerpts from the next issue of *ImagiNews*

Active community on Linked In



At this time of  
Thanksgiving celebration,  
our thoughts turn  
gratefully to the Imagery  
International community.

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**New book by our dear treasurer, Denise  
Hughes!**



Denise has tremendous experience helping clients develop a healthy relationship with money. In her new book, [\*Earn Save Spend Give: 4 things to do with your money and how to make it all work\*](#), Denise shares her expertise and offers practical tools to help readers realize their financial goals.

Those of our members who are acquainted with

Denise know that she is an insightful, compassionate, and creative soul. Denise has a unique gift for giving people the courage and motivation necessary for achieving and leading the financial lives they desire.

Click [here](#) to buy Denise's book. And click [here](#) to visit her website.

**Excerpts from the next issue of *ImagiNews***



**Our Sacred Work - By Bev Hollander**

Just how Sacred do you think your work in Imagery and other healing modalities might be? I am convinced there is no better word than Sacred to describe what we do. I want to share a bit of the Sacred that has come my way in my work with self and others.

### The Story of Our Cover - By Amanda Clark

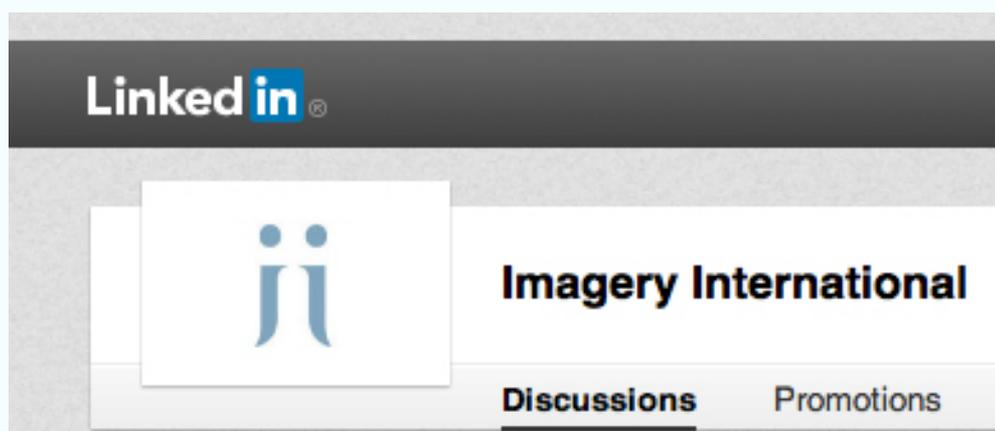
The Sacredness behind nature, beyond doubt, includes ourselves as well as the animal kingdom, plants and elements, as well as our solar system and the universe. This painting of the 'Sacred Bee' was inspired by the insights of who we really are, the timeless, spaceless soul of all there is and our connection with everything around us, which of course is us also.

### Windy Hill - By Jann Fredrickson Ramus

I wake up the next day so full of anticipation that I get to do the Holy Grail, the SACRED Hike: Windy Hill! I lay in my bed and think of how this will be such a wonderful "walk" for me. Never once do I think: this will be a CHALLENGE FOR ME. I mean, really, how bad could it be?

These articles will appear in full in the next issue of *ImagiNews*, which will be available online in the first week of December. Printed copies will be mailed soon after.

### Stay connected through our LinkedIn Group



A wonderful community is forming on our LinkedIn group. Here are a few of the engaging questions Judith Westerfield has posted:

As a health-care practitioner, what do you do to not burn out?

Which do you find to be more effective, hypnosis or guided imagery?

What "things" have helped your clients (or you) that are/aren't on the list in this article on things that help physician and emotional healing?

Do you use guided imagery or hypnosis for sports enhancement? Has your client's performance gotten better as a result? Do you make recordings for them?

Join the group now and get involved in the discussion!

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Keyword - II  
Click on Imagery International  
Click JOIN GROUP

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