

Subject: eNews, October 2014

From: "Imagery International" <ImageryInternational@wildapricot.org>

Date: Tue, Sep 30, 2014 8:44 pm

To: "Susan Gold" <susan@susangold.net>

Meet Andrew Wagner, M.D., one of the speakers for our sixth annual conference, to be held October 24-26, 2014 at the Vallombrosa Retreat Center on the Peninsula of the San Francisco Bay Area.



Imagery International

A Professional Association of Guided Imagery Practitioners

eNews, October 2014

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WHO WE ARE

We welcome all professionals interested in the practical application of guided imagery for healing and personal growth, including, but not limited to nurses, doctors, psychotherapists, social workers, hypnotherapists, and somatic workers.

Click [here](#) to see the **benefits of membership**.
Click [here](#) to see our **board of directors and staff**.

WELCOME NEW MEMBERS!

We are delighted to welcome the following new members:

- Sue Carmichael
- Elizabeth Jannasch

- Katie Truitt
- Jamie Lynne
- Marjorie Khosrovi
- Susan O'Dell
- Dianne Timberlake
- Loretta Breuning

FOR MEMBERS ONLY

Don't forget to set up your profile page in our member's directory! Having your name, photo, website, and business

Register for our 6th Annual Conference!



There will be time during the conference to enjoy a stroll and see the 200 different species of trees on Vallombrosa's grounds.

To learn more about our conference, which takes place October 24-26, 2014 on the Peninsula of the San Francisco Bay Area, click [here](#).

The deadline to secure overnight accommodations at Vallombrosa has passed, but we will be happy to register you as a commuter up until the first day of the conference.

Interview with conference speaker, Andrew Wagner, M.D.



**Conference Presentation:
Sacred Moments:
Healing at the
End of Life**

directory! Having your name, photo, website, and business listed in our directory allows people across the globe to potentially access your services as an imagery practitioner. A listing on this site also gives your business credibility in the imagery community. Click [here](#) to see our directory.

You can find a [link to the latest issue of *ImagiNews*](#) when you log into your member's account [here](#).

CONFERENCE NEWS

Imagery International's
6th Annual Conference
Oct. 24-26, 2014, Menlo Park, CA

CE Credits available for
RNs, MFTs, and LCSWs



Theme: The Healing Power of Imagery

imageryinternational.org

"A State of Grace," by Robin Urton - DreambirdArt.com

Click [here](#) for **details** about our conference, which will be held **Oct. 24-26, 2014** at Vallombrosa Retreat Center on the Peninsula of the San Francisco Bay Area.

Thank you to Robin Urton for graciously donating her artwork for this year's conference poster. Please visit Robin's website to see **more of her beautiful, soulful art:** DreambirdArt.com.

HAVE AN EVENT YOU'D LIKE TO ADVERTISE IN THE NEXT eNEWS?



Submit the information below to **Susan Gold** at enews@imageryinternational.com by **Nov. 23, 2014**. Put "Event(s) for eNews" in the subject line of your email. eNews will be sent out around November 26.

Events should be relevant to our members.

Information to include:

- Title of the event
- Date
- Time
- Venue where the event will be held (be sure to include city and state)
- Cost
- Person/organization holding the event

- Contact phone number and/or email for the event
- URL for event web page, or web page of person or organization holding the event (optional)
- Description of event undefined no longer than 25 words.

WE'D LOVE FOR YOU TO JOIN US ON FACEBOOK

Denise Hughes and Amrita Cottrell have been breathing life into our Facebook page. Click [here](#) to "Like" us.



Dr. Andrew Wagner is a hospice and palliative care physician, practicing in Santa Rosa, California. He has practiced medicine for

over 30 years, first as a family physician and then as an integrative medicine practitioner. After graduating from the Academy of Guided Imagery, Interactive Guided Imagery became a foundational tool in his work. Over the last 6 years, Andrew has focused his attention on healing at the end of life, working with patients and families to reframe this transformational experience. Engaging in sacred conversations on values, meaning and purpose, and quality of life, Dr. Wagner is empowering people to honor the final stages of life with creativity, curiosity and dignity.

How did you first discover, or become interested in, guided imagery?

I have always been interested in imagery. I tend to be a very visual individual and am the type who would answer, "I see what you mean," literally. I often close my eyes as people speak, so I can more clearly see/understand what they are telling me. Before I had any real training in imagery, I had created imagery tapes for my wife as we experienced the roller coaster world of infertility and in-vitro fertilization. In the late 1990's, working too many hours as a family physician and "burning out," I went to a series of physician renewal workshops with Rachel Remen. Knowing I needed to make a career change for my well being, I asked Rachel what she thought would be an important skill for what I hoped to do with mind-body healing; she said, "Study guided imagery..." I did, and it has been the foundation of my work ever since.

Do you use guided imagery in your professional work?

I currently work as a hospice and palliative care physician. What I have learned to use from my imagery training is

the art of creating sacred space to support heartfelt conversations, and the importance of listening, of being patient, of trusting, and allowing for an organic process to unfold. I use imagery for relaxation and for pain reduction. I often use imagery to help people discover/create a safe, healing and peaceful place of respite from whatever crisis they are experiencing. I find it is a very effective message to say, "Allow yourself to be in the presence of 'wisdom'... and imagine there is something important for you to know, that will serve you on your journey... and let it be known to you, now..." My other favorite experience to use, is, "Allow yourself to be in a circle of your loved ones... greeting each of them, one by one, taking all the time you need... to feel complete... offering gratitude, and blessing each other."

What resources would you recommend to guided imagery professionals?

Rachel Remen, MD:

[Kitchen Table Wisdom](#)

us infinite.

- John Muir

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Try us out with a complimentary copy of *ImagiNews*, our clinical journal

Please send me *ImagiNews*, FREE!

You do not have to be a member of Imagery International to subscribe to this newsletter. If you would like to be **added to our newsletter subscriber list** and receive a **free copy of our quarterly clinical journal, *ImagiNews***, click [here](#).

Please also feel free to **forward to friends** and colleagues.

Click [here](#) for the **archive of eNews**.

Click [here](#) to see the **benefits of an annual membership** to Imagery International.

[My Grandfather's Blessings](#)

Emmett Miller, MD:

www.drmler.com

Book: [The Heart of Hypnosis and Deep Healing](#)

Imagery International: www.imageryinternational.org

Marty Rossman, MD: www.thehealingmind.org

Belleruth Naparstek: www.healingjourneys.com

Member Events

Workshops for Women in Transition at Midlife and Beyond

Date: 2 groups, 5 sessions, starting Oct. 8 and Oct. 12

Time: Wednesdays, 7–9 PM; Sundays, 2–4 PM

Venue: Berkeley, CA

Cost: \$350 early bird – extended for Imagery International members and your referrals; added discount of \$50 for each friend you bring.

Facilitator: Linda Blachman, MPH, MA, CPC, CIGI

Contact: linda@lindablachman.com; 510-540-8755



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