



AIMI
c/o Gerald Epstein, MD
16 East 96th Street
Suite #1A
New York, NY 10128

AMERICAN INSTITUTE FOR MENTAL IMAGERY

presents the third conference

The Power of the Heart:

Imagination, Power & Love



October 9, 2010

8:00 AM – 9:00 PM

House of the Redeemer

7 East 95th Street, New York City

Fee: \$225

SEATING IS LIMITED SO RESERVE EARLY

OVERVIEW

The intimate connection between love and power is encapsulated in the phrase "Love Power." As the greatest life force known on earth, King Solomon states in the Song of Songs that "Love is strong as death." Known as the intelligence of the heart, the spiritual practice of imagery unites power and love. Spend the day with three eminent teachers to explore this love power whereby, as Jimi Hendrix scribed, the "power of love overcomes the love of power" and experience greater awareness, freedom and joy.

THE PRESENTERS AND THEIR PRESENTATIONS



Gerald N. Epstein, M.D.

Imagination: The Spiritual Science of Love Power

Access your inner source of wisdom and discover the love residing in the depths of your heart through the process of mental imagery. The heart, the seat of love, develops into the seat of intuitive intelligence. Love and intuition facilitate increased awareness, self knowledge and connection to higher Self. Dr. Epstein is a pioneer in the use of mental imagery and integrative medicine for healing and transformation. He has authored many books and CDs including the best seller *Healing Visualizations*. He is the Director of AIMI and maintains a private practice in NYC.



Elizabeth A. M. Barrett, Ph.D., RN-BC, LMHC, FAAN

Power: Is It REALLY What You Think It Is?

Power is the capacity to participate knowingly in change through being aware, making choices, feeling free to act on our intentions, and involving ourselves in creating change. We have the option to turn off the hardened heart of power-as-control and turn on power-as-freedom that flows from an imaginative, loving heart. Dr. Barrett is Professor Emerita, Hunter College, CUNY, and a Health Patterning Therapist in private practice in New York City, as well as a research consultant. She is the author of over 100 publications.



Henry Grayson, Ph.D.

Love: Our Most Powerful Force

Love is often thought to be an insignificant therapeutic tool in dealing with life's problems. Yet, research shows it makes muscles stronger, the heart healthier, and the brain work more effectively; it clearly improves relationships and reaches out through the non-local mind to affect countless numbers of others about us. Why then is love our greatest fear? Dr. Grayson founded the National Institute for the Psychotherapies and the Association for Spirituality and Psychotherapy. Author of *Mindful Loving: 10 Practices to Deepen Our Connections* and *The New Physics of Love*, he lectures widely across the U.S. and abroad.

ROUNDTABLE



Moderator: **E. H. "Rick" Jarow, Ph.D.**

Heartstorming: a Q&A heart-to-heart conversation between the speakers and audience.

Rick Jarow is Professor of Religious Studies at Vassar College. Author of many books and CDs including the *Alchemy of Abundance*, he lectures and gives workshops here and abroad.

SCHEDULE

8:00 am - 9:00 am Registration and Continental Breakfast

9:00 am - 11:15 am Dr. Gerald Epstein

11:30 am -12:45 pm Lunch

1:00 pm - 3:00 pm Dr. Elizabeth Barrett

3:00 pm - 3:15 pm Coffee Break

3:15 pm - 5:15 pm Dr. Henry Grayson

5:30 pm - 7:00 pm Buffet Dinner With Us

7:00 pm - 9:00 pm Roundtable, Dr. Rick Jarow, Moderator

REGISTRATION INFORMATION *Register early - seating is limited*

DATE: Saturday, October 9th, 2010

PLACE: House of the Redeemer, 7 East 95th Street, New York City

COST: \$225.00

TWO WAYS TO REGISTER:

1. Via the web, go to www.drjerryepstein.org and click on CONFERENCE.
2. Via post, make check payable for \$225 to **AIMI** and mail to:
AIMI, c/o Gerald Epstein, MD
16 East 96th Street, Suite #1A, New York, NY 10128

Please include your name, address, telephone number and email with your check.

ABOUT AIMI:

The American Institute for Mental Imagery (AIMI) is a New York State Regents Chartered post-graduate training center for integrative healthcare offering certification to all health care professionals. AIMI also offers adult education classes on Western Spirituality and healing. For a catalog of course visit www.drjerryepstein.org/schools.