

Key Research Citations

Cancer

Trakhenberg EC. The effects of guided imagery on the immune system: A critical review. *Int J Neurosci*. 2008 June; 118(6):839-55

Cardiovascular and Stroke

Halpin Ls, Speir AM, CapoBianco P, et al. Guided imagery in cardiac surgery. *Outcomes manag*. 2002;6((3);132-7

Lie KP, Lee RM, Chan CW. Mental imagery for promoting relearning for people after stroke; A randomized trial. *ARch Phys Men Rehabil*. 2004;85(9):1403-8

Pediatrics

Ball RM, Shapiro DE, Monheim CJ, et al. A pilot study of hte use of guided imagery for the teratment of abdominal pain in childre. *Clin Pediat*.2003;42(6);527-32

Preparation for Surgery

Tusek D. Guided imagery: A significant advance in the care of patients undergoing elective colorectal surgery. *Dis colon rectum*;1997;40:172-8

Holden-Lund C. Effects of radiation with guided imagery on surgical stress and wound healing. *Res Nurs Health* 1988;11:235-44

Reed T. Imagery in a clinical setting. A tool for healing *Nurs Clin N Am* 2007;261-277

Pain and Anxiety

Lang E, Benotsch E, Fick I, et al. Adjunctive non-pharmacological analgesia for invasive medical procedures: A randomized trial. *Lancet* 2000, 355: 1486-90

Integrative Imagery Research

Heinschel JA. A descriptive sutdy of the interactive guided imagery experince. *J Holistic Nursing*. 2002;20;325-347

Scherwitz LW, McHenry P, Herrero R. Interactive guided imagery therapy with medical patients: predictors of health outcomes. *J Altern Complement Med* 2005;11(1):69-83