

John F Kennedy University is launching a certificate program in imagery this Fall - 2012. CE credits are available for Psychologists, MFT, LCSW, and RN's.

Deep Imagination Certificate

Over the past 30 years, research has demonstrated the effectiveness of guided imagery with mood, happiness, trauma, performance, health, and creativity. The power of imagery lies in its capacity to access unconscious and pre-conscious processes when approaching therapeutic goals. By learning how to tap into a client's key symbols and metaphors, the capacity for change accelerates, positively influencing the emotional, mental, social, spiritual, and behavioral outcomes.

This certificate program will allow you to build competence with an interactive-style of imagery that is non-scripted. It can be applied toward individuals, couples, groups and with children, to address a range of topics including complex grief, depression, pain, insomnia and other symptoms, end of life issues, and PTSD.

I see imagination as the most important power we have. As we imagine the world, so we live and understand. But a great deal of the imagination that shapes us lies under the surface. We need to tap that underlying storehouse of images in order to grasp who we are and where we are headed. - Thomas Moore

Certificate Requirements: A minimum of 45 hours is required. This includes the four core courses and at least seven electives (3 credits each). New electives will be available in each catalogue, and different core courses are offered throughout the year.

CORE CLASSES (6 - 10 hours each)

Clinical Applications of Deep Imagination, Level I and II, Deepening Imagery with Expressive Arts, Somatic Imagery to Relieve Stress and Anxiety

ELECTIVES (Take 7 out of 9) (3 hours each)

Building Inner Resiliency, Resolving Complex Grief, Imagery with Children, Working with Pain and Insomnia, Trauma and PTSD, Integrating Spirituality, End of Life Issues, Imagery for Depression